

Choose life. Choose your job. Choose your career. Choose your family. Choose to check links, email addresses and attachments. Choose cyber health, safe web sites, secure pages and trusted sources. Choose strong passwords, the longer the better. Choose to keep them to yourself, and choose a different one for every login. Choose your phone's biometric security, and a strong PIN along with it. Choose to protect data, at home and at work. Choose to trust your family and friends, choose to be careful of the messages they send you. Choose to speak out when you see something wrong. Choose to report the stranger in our area, or the colleague putting data at risk. Choose your future.

**Choose to opt in to cybersecurity.**

**You can't opt out  
from Cybercrime**

Cyberspoofing